

Cellulitis at UCLH



Predicting diagnosis and outcome

Risk factors/exposures:

- Diabetes
- Tinea pedis
- IV lines/ IVDU
- Bites/burns
- Contact sports
- Water/fish/travel
- [Resistant bugs]

Severity markers:

- Markers of sepsis
- Pain +++
- Failure of “effective” oral dosing

Mobility/social issues

Alternative diagnoses:

- To follow!

Treatment

1st line: po flucloxacillin 500mg qds

2nd line: po clindamycin 450 – 600mg qds

“3rd line: ceftriaxone 1g IV daily”

Admission:

IV flucloxacillin + IV Benzylpenicillin

Very sick: add clindamycin +/- gram neg cover

Additional/alternative if eg MRSA positive

RAID

Rapid Access Infectious Diseases clinic

- for urgent assessment of

infected patients

(unlikely to require admission)

Eligible patients include:

Referrals from GP/ A&E who are:

- Unlikely to need admission
- Need urgent assessment/review within 24-72 hours

Typical patients may include:

- Patients with unexplained fever, rash, or lymphadenopathy (non-cancer)
- Cellulitis but otherwise ambulant and well
 - for assessment of need for outpatient intravenous vs oral antibiotics
- Patients with resistant organism UTIs
 - requiring IV or unlicensed oral medications (eg fosfomycin),
 - who are otherwise well

RAID

Ineligible patients:

Patients with history of tropical travel < 6/12

Patients with significant co-morbidities or clinically likely to warrant admission (we will see in A&E)

Patients with suspected pulmonary TB

We will see as per normal Hospital for Tropical Diseases Walk-In clinic pathway

For infection control reasons, refer to open-access UCLH TB clinic

RAID Booking Procedure:

- Please contact Infectious Diseases/Tropical Medicine SpR/consultant at any time on 24hr mobile number: 07908 250 924
- Alternatively email HTDRAID@uclh.nhs.uk
- Our doctors/nurses will discuss and arrange with you and/or the patient the best place and time for the consultation.
- The fax number for sending relevant paperwork is 0203 4479675. Please contact us first though, to ensure the urgency is recognised